OBSERVATIONS & RECOMMENDATIONS

After reviewing data collected from **SHOWELL POND**, **SANDOWN**, the program coordinators have made the following observations and recommendations:

Welcome to the New Hampshire Volunteer Lake Assessment Program! As your group continues to participate in VLAP over the years, the database created for your pond will help your monitoring group track water quality trends and will ultimately enable your group and DES to identify potential sources of pollutants from the watershed that may affect pond quality.

Thank you for sampling five times this summer! As you know, the more data you collect the better we will be able to understand the quality of your pond and what is affecting it. As a rule of thumb, *please* try to sample at least once per month during the summer months (**June**, **July**, and **August**). In addition, it may be necessary to conduct rain event sampling at multiple locations along a stream using the bracketing technique to pinpoint sources of pollution. Furthermore, baseline studies could involve bi-weekly or monthly sampling for an extended period of time. DES will let you know if this type of sampling is appropriate.

We understand that future sampling will depend upon volunteer availability, and your group's water monitoring goals and funding availability. We would like to point out that water quality trend analysis is not feasible with only a few data points. It will take many years to develop a statistically sound set of water quality baseline data. Specifically, after 10 consecutive years of participation in the program, we will be able to analyze the in-lake data with a simple statistical test to determine if there has been a significant change in the annual mean chlorophyll-a concentration, Secchi-disk transparency reading, and phosphorus concentration. Therefore, frequent and consistent sampling will ensure useful data for future analyses.

Please contact the VLAP Coordinator early this spring to schedule the annual DES lake visit. It would best to schedule the DES visit for early June to refresh your sampling skills!

Also, please remember that one of your most important responsibilities as a volunteer monitor is to educate your association, community, and town officials about the quality of your pond and what can be done to protect it! DES Biologists may be able to assist you in educating your association members by attending your annual lake association meeting.

We encourage your monitoring group to formally participate in the DES Weed Watchers program, a volunteer program dedicated to monitoring lakes and ponds for the presence of exotic aquatic plants. This program only involves a small amount of time during the summer months. Volunteers survey their waterbody once a month from **June** through September. To survey, volunteers slowly boat, or even snorkel, around the perimeter of the waterbody and any islands it may contain. Using the materials provided in the Weed Watchers Kit, volunteers look for any species that are of suspicion. After a trip or two around the waterbody, volunteers will have a good knowledge of its plant community and will immediately notice even the most subtle changes. If a suspicious plant is found, the volunteers will send a specimen to DES for identification. If the plant specimen is an exotic, a biologist will visit the site to determine the extent of the problem and to formulate a management plan to control the nuisance infestation. Remember that early detection is the key to controlling the spread of exotic plants.

If you would like to help protect your lake or pond from exotic plant infestations, contact Amy Smagula, Exotic Species Program Coordinator, at 271-2248 or visit the Weed Watchers web page at www.des.state.nh.us/wmb/exoticspecies/survey.htm.

During the summer of **2003** and **2004**, DES biologists sampled **SHOWELL POND** and found high levels of chlorophyll, cyanobacteria, and nutrients. Therefore, **SHOWELL POND** was listed on the New Hampshire 303(d) list of impaired waters.

And finally, DES is currently working with two construction projects within the **SHOWELL POND** watershed that may be contributing non-point source pollution to the pond. DES will update the association on the status and findings of these investigations as is appropriate.

FIGURE INTERPRETATION

Figure 1 and Table 1: Figure 1 (Appendix A) shows the historical and current year chlorophyll-a concentration in the water column. Table 1 (Appendix B) lists the maximum, minimum, and mean concentration for each sampling season that the pond has been monitored through VLAP.

Chlorophyll-a, a pigment found in plants, is an indicator of the algal abundance. Because algae are usually microscopic plants that contain chlorophyll-a, and are naturally found in lake ecosystems, the chlorophyll-a concentration measured in the water gives an estimation of the algal concentration or lake productivity. The median summer chlorophyll-a concentration for New Hampshire's lakes and ponds is 4.58 mg/m³.

The current year data (the top graph) show that the chlorophyll-a concentration *increased* from April to June, *decreased* from June to July, *increased* from July to August, and *increased greatly* from August to September.

The historical data (the bottom graph) show that the 2005 chlorophyll-a mean is **greater than** the state median and the similar lake median (for more information on the similar lake median, refer to Appendix F).

The deep spot chlorophyll at the deep spot was sampled once in **1987** through VLAP and by DES biologists during **2003** and **2004**. The 2005 mean chlorophyll was *slightly less than* the 1987 chlorophyll, *slightly greater than* the 2003 chlorophyll, and *much less than* the 2004 chlorophyll.

After 10 consecutive years of sample collection, we will be able to conduct a statistical analysis of the historical data to objectively determine if there has been a significant change in the annual mean chlorophyll-a concentration since monitoring began.

While algae are naturally present in all ponds, an excessive or increasing amount of any type is not welcomed. In freshwater ponds, phosphorus is the nutrient that algae depend upon for growth. Algal concentrations may increase as nonpoint sources of phosphorus from the watershed increase, or as in-lake phosphorus sources increase (such as sediment phosphorus releases, known as internal loading). Therefore, it is extremely important for volunteer monitors to continually educate all watershed residents about activities within the watershed that affect phosphorus loading and pond quality.

Figure 2 and Table 3: Figure 2 (Appendix A) shows the historical and current year data for pond transparency. Table 3 (Appendix B) lists the maximum, minimum and mean transparency data for each sampling season that the pond has been monitored through VLAP.

Volunteer monitors use the Secchi-disk, a 20 cm disk with alternating black and white quadrants, to measure water clarity (how far a person can see into the water). Transparency, a measure of water clarity, can be affected by the amount of algae and sediment from erosion, as well as the natural colors of the water. The median summer transparency for New Hampshire's lakes and ponds is 3.2 meters.

The current year data (the top graph) show that the in-lake transparency **decreased** from **April** to **June**, remained **relatively stable** from **June** through **August**, and then **increased slightly** from **August** to **September**.

The historical data (the bottom graph) show that the 2005 mean transparency is *much less than* the state median and the similar lake median (refer to Appendix F for more information about the similar lake median). The deep spot transparency was sampled once in **1987** through VLAP and by DES biologists during **2003** and **2004**. The 2005 mean transparency was *slightly less than* the 1987 and 2003 transparency and was *slightly greater than* the 2004 transparency.

As previously discussed, after 10 consecutive years of sample collection, we will be able to conduct a statistical analysis of the historical data to objectively determine if there has been a significant change in the annual mean transparency since monitoring began.

Typically, high intensity rainfall causes sediment erosion to flow into ponds and streams, thus increasing turbidity and decreasing clarity. Efforts should continually be made to stabilize stream banks, pond shorelines, disturbed soils within the watershed, and especially dirt roads located immediately adjacent to the edge of tributaries and the pond. Guides to Best Management Practices designed to reduce, and possibly even eliminate, nonpoint source pollutants, such as sediment loading, are available from DES upon request.

Figure 3 and Table 8: The graphs in Figure 3 (Appendix A) show the amount of epilimnetic (upper layer) phosphorus and hypolimnetic (lower layer) phosphorus; the inset graphs show current year data. Table 8 (Appendix B) lists the annual maximum, minimum, and median concentration for each deep spot layer and each tributary since the pond has joined VLAP.

Phosphorus is the limiting nutrient for plant and algae growth in New Hampshire's freshwater lakes and ponds. Excessive phosphorus in a pond can lead to increased plant and algal growth over time. The median summer total phosphorus concentration in the epilimnion (upper layer) of New Hampshire's lakes and ponds is 12 ug/L. The median summer phosphorus concentration in the hypolimnion (lower layer) is 14 ug/L.

The current year data for the epilimnion (the top inset graph) show that the phosphorus concentration *increased* from April to June, decreased slightly from June to July, decreased greatly from July to August, and then *increased slightly* from August to September.

The historical data show that the 2005 mean epilimnetic phosphorus concentration is *greater than* the state median and the similar lake median (refer to Appendix F for more information about the similar lake median).

The current year data for the hypolimnion (the bottom inset graph) show that the phosphorus concentration *increased* from **April** to **June**, *decreased* from **June** to **July**, *increased greatly* from **July** to **August**, and then *decreased slightly* from **August** to **September**.

The turbidity of the hypolimnion (lower layer) sample was *elevated* on **each** sampling event this season (**ranging from 1.58 to 10.3 NTUs**). In addition, it is important to point out that the hypolimnetic turbidity *increased* as the summer progressed. This suggests that the pond bottom is covered by a thick organic layer of sediment which is easily disturbed and that the rate and the amount of decomposition of organic matter on the lake bottom increases as the temperature of the water increases during the summer.

The historical data show that the 2005 mean hypolimnetic phosphorus concentration is **much greater than** the state median and the similar lake median (refer to Appendix F for more information about the similar lake median).

The phosphorus concentration at the deep spot was sampled once in **1987** through VLAP. The 2005 mean epilimnetic and hypolimnetic phosphorus concentration is *much greater than* the 1987 phosphorus concentration.

One of the most important approaches to reducing phosphorus loading to a waterbody is to continually educate watershed residents about its sources and how excessive amounts can adversely impact the ecology and the recreational, economical, and ecological value of ponds. Phosphorus sources within a pond's watershed typically include septic systems, animal waste, lawn fertilizer, road and construction erosion, and natural wetlands.

TABLE INTERPRETATION

> Table 2: Phytoplankton

Table 2 (Appendix B) lists the current and historical phytoplankton species observed in the pond. Specifically, this table lists the three most dominant phytoplankton species observed in the sample and their relative abundance in the sample.

The dominant phytoplankton species observed in the **April** sample were **Asterionella** and **Tabelleria** which are both species of **diatoms**.

The dominant phytoplankton species observed in the **June** sample were **Dinobryon** (golden-brown), **Mallomonas** (golden-brown), and **Asterionella** (diatom).

The dominant phytoplankton species observed in the **July** sample were **Ceratium** (dinoflagellate), **Mallomonas** (golden-brown), and **Ankistrodesmus** (green).

The dominant phytoplankton species observed in the August sample were Oscillatoria (cyanobacteria), Mallomonas (golden-brown), and Ceratium (dinoflagellate).

The dominant phytoplankton species observed in the **September** sample were **Mallomonas** (golden-brown), Oscillatoria (cyanobacteria), and Aphanizomenon (cyanobacteria),

Phytoplankton populations undergo a natural succession during the growing season (Please refer to the "Biological Monitoring Parameters" section of this report for a more detailed explanation regarding seasonal plankton succession). Diatoms and golden-brown algae are typical in New Hampshire's less productive lakes and ponds.

> Table 2: Cyanobacteria

The cyanobacteria **Oscillatoria** was the **most** dominant species in the **August** plankton sample. The cyanobacteria **Aphanizomenon** and **Oscillatoria** were the **second** and **third** most dominant species in the **September** sampling event. In addition, a small amount of the cyanobacteria **Anabaena** was observed in the **August** and **September** plankton sample. **These species, if present in large amounts, can be toxic to livestock, wildlife, pets, and humans.** (Please refer to the "Biological Monitoring Parameters" section of this report for a more detailed explanation regarding cyanobacteria).

Cyanobacteria can reach nuisance levels when phosphorus loading from the watershed to surface waters is increased (this is often caused by rain events) and favorable environmental conditions occur (such as a period of sunny, warm weather).

The presence of cyanobacteria serves as a reminder of the pond's delicate balance. Watershed residents should continue to act proactively to reduce nutrient loading to the pond by eliminating fertilizer use on lawns, keeping the pond shoreline natural, revegetating cleared areas within the watershed, and properly maintaining septic systems and roads.

In addition, residents should also observe the pond in September and October during the time of fall turnover (lake mixing) to document any algal blooms that may occur. Cyanobacteria have the ability to regulate their depth in the water column by producing or releasing gas from vesicles. However, occasionally lake mixing can affect their buoyancy and cause them to rise to the surface and bloom. Wind and currents tend to "pile" cyanobacteria into scums that accumulate in one section of the pond. If a fall bloom occurs, please collect a sample (any clean jar or bottle will be suitable) and contact the VLAP Coordinator.

> Table 4: pH

Table 4 (Appendix B) presents the in-lake and tributary current year and historical pH data.

pH is measured on a logarithmic scale of 0 (acidic) to 14 (basic). pH is important to the survival and reproduction of fish and other aquatic life. A pH below 6.0 limits the growth and reproduction of fish. A pH between 6.0 and 7.0 is ideal for fish. The median pH value for the epilimnion (upper layer) in New Hampshire's lakes and ponds is **6.6**, which indicates that the surface waters in the state are slightly acidic. For a more detailed explanation regarding pH, please refer to the "Chemical Monitoring Parameters" section of this report.

The mean pH at the deep spot this season ranged from **6.88** in the hypolimnion to **6.63** in the epilimnion, which means that the water is **slightly acidic.**

Due to the presence of granite bedrock in the state and acid deposition (from snowmelt, rainfall, and atmospheric particulates) in New Hampshire, there is not much that can be done to effectively increase pond pH.

> Table 5: Acid Neutralizing Capacity

Table 5 (Appendix B) presents the current year and historical epilimnetic ANC for each year the pond has been monitored through VLAP.

Buffering capacity (ANC) describes the ability of a solution to resist changes in pH by neutralizing the acidic input. The median ANC value for New Hampshire's lakes and ponds is **4.9 mg/L**, which indicates that many lakes and ponds in the state are at least "moderately vulnerable" to acidic inputs. For a more detailed explanation, please refer to the "Chemical Monitoring Parameters" section of this report.

The mean Acid Neutralizing Capacity (ANC) of the epilimnion (the upper layer) was **14.1 mg/L** this season, which is **greater than** the state median. In addition, this indicates that the pond **has a low vulnerability** to acidic inputs (such as acid precipitation). The ANC of the pond deep spot was sampled once in **1987** through VLAP. The 2005 mean epilimnetic ANC was **equal to** the 1987 ANC.

> Table 6: Conductivity

Table 6 (Appendix B) presents the current and historical conductivity values for tributaries and in-lake data. Conductivity is the numerical expression of the ability of water to carry an electric current (which is determined by the number of negatively charged ions from metals, salts, and minerals in the water column). The median conductivity value for New Hampshire's lakes and ponds is **40.0 uMhos/cm**. For a more detailed explanation, please refer to the "Chemical Monitoring Parameters" section of this report.

The mean annual conductivity in the epilimnion at the deep spot this season was **103.08 uMhos/cm**, which is *greater than* the state median. The conductivity was also elevated in the inlets and outlets on each sampling event this season.

The deep spot was sampled for conductivity once in **1987** through VLAP. The 1987 epilimnetic conductivity was **62.32 uMhos/cm** which is *much less than* the 2005 annual mean. This indicates that the conductivity in the pond has *increased (meaning worsened)* on average by approximately 3% each year from 1987 to 2005.

Typically, sources of increased conductivity are due to human activity. These activities include failed or marginally functioning septic systems, agricultural runoff, and road runoff (which contains road salt during the spring snow melt). New development in the watershed can alter runoff patterns and expose new soil and bedrock areas, which could contribute to increasing conductivity. In addition, natural sources, such as iron and manganese deposits in bedrock, can influence conductivity.

We recommend that your monitoring group conduct a shoreline conductivity survey of the lake and the tributaries to help pinpoint the sources of conductivity.

To learn how to conduct a shoreline or tributary conductivity survey, please refer to the 2004 "Special Topic Article" or contact the VLAP Coordinator.

It is possible that de-icing materials applied to nearby roadways during the winter months may be influencing the conductivity in the pond. It is also possible that fine particulate matter containing ions from rock blasting within the watershed is influencing the conductivity in the pond.

Since the most commonly used de-icing material is salt (sodium chloride) in New Hampshire, we recommend that your monitoring group conduct chloride sampling in the epilimnion at the deep spot and in the inlets near salted-roadways, particularly in the spring, soon after snow-melt and after rain events during the summer. This will establish a baseline of data that will assist your monitoring group and DES to determine lake quality trends in the future.

Please note that there will be an additional cost for each of the chloride samples and that these samples must be analyzed at the DES laboratory in Concord. In addition, it is best to conduct chloride sampling in the spring as the snow is melting and during rain events.

> Table 8: Total Phosphorus

Table 8 (Appendix B) presents the current year and historical total phosphorus data for in-lake and tributary stations. Phosphorus is the nutrient that limits the algae's ability to grow and reproduce. Please refer to the "Chemical Monitoring Parameters" section of this report for a more detailed explanation.

The total phosphorus concentration was *particularly elevated* in the **Inlet** on the **June**, **July**, **August**, and **September** sampling events (75, 66, 272, and 112 ug/L, respectively). The turbidity was also *elevated* in each of these samples (1.78, 2.21, 5.5, and 4.86 NTUs, respectively). This suggests that erosion or atmospheric deposition of phosphorus is occurring in this area of the watershed.

If you suspect that erosion is occurring in this area of the watershed, we recommend that your monitoring group conduct stream surveys, bracket sampling, and storm event sampling along this inlet. This additional sampling may allow us to determine what is causing the *elevated* levels of turbidity and phosphorus.

For a detailed explanation on how to conduct rain event and/or bracket sampling and stream surveys, please refer to the 2002 VLAP Annual Report "Special Topic Article" or contact the VLAP Coordinator.

The total phosphorus concentration in the **Outlet** sample was **elevated** (105 ug/L) on the **June** sampling event. The turbidity of the sample was also **elevated** (4.54 NTUs), which suggests that the stream bottom may have been disturbed while sampling.

When the stream bottom is disturbed, sediment that typically contains attached phosphorus is released into the water column. When collecting inlet samples, please be sure to sample where the stream is flowing and where the stream is deep enough to collect a "clean" sample.

> Table 9 and Table 10: Dissolved Oxygen and Temperature Data

Table 9 (Appendix B) shows the dissolved oxygen/temperature profile(s) for the 2005 sampling season. Table 10 (Appendix B) shows the historical and current year dissolved oxygen concentration in the hypolimnion (lower layer). The presence of dissolved oxygen is vital to fish and amphibians in the water column and also to bottom-dwelling organisms. Please refer to the "Chemical Monitoring Parameters" section of this report for a more detailed explanation.

The dissolved oxygen concentration was **much lower in the hypolimnion (lower layer) than in the epilimnion (upper layer)** at the deep spot of the pond on the **April** sampling event. As stratified ponds age, and as the summer progresses, oxygen typically becomes **depleted** in the hypolimnion by the process of decomposition. Specifically, the loss of oxygen in the hypolimnion results primarily from the process of biological breakdown of organic matter (i.e.; biological organisms use oxygen to break down organic matter), both in the water column and particularly at the bottom of the pond where the water meets the sediment. When oxygen levels are depleted to less than 1 mg/L in the hypolimnion, the phosphorus that is normally bound up in the sediment may be re-released into the water column (a process referred to as **internal phosphorus loading**).

> Table 11: Turbidity

Table 11 (Appendix B) lists the current year and historical data for inlake and tributary turbidity. Turbidity in the water is caused by suspended matter, such as clay, silt, and algae. Water clarity is strongly influenced by turbidity. Please refer to the "Other Monitoring Parameters" section of this report for a more detailed explanation.

As discussed previously, the turbidity of the hypolimnion (lower layer) sample was *elevated* on **each** sampling event this season (**ranging from 1.58 to 10.3 NTUs**). In addition, it is important to point out that the hypolimnetic turbidity *increased* as the summer progressed. This suggests that the pond bottom is covered by a thick organic layer of sediment which is easily disturbed and that the rate and the amount of decomposition of organic matter on the lake bottom increases as the temperature of the water increases during the summer.

In addition, the total phosphorus concentration in the **Outlet** sample was *elevated* (**105 ug/L**) on the **June** sampling event. The turbidity of the sample was also *elevated* (**4.54 NTUs**), which suggests that the stream bottom may have been disturbed while sampling.

> Table 12: Bacteria (E.coli)

Table 12 lists only the historical data for bacteria (E.coli) testing. E. coli is a normal bacterium found in the large intestine of humans and other warm-blooded animals. E.coli is used as an indicator organism because it is easily cultured and its presence in the water, in defined amounts, indicates that sewage **MAY** be present. If sewage is present in the water, potentially harmful disease-causing organisms **MAY** also be present.

Bacteria sampling was not conducted this year. If residents are concerned about sources of bacteria such as failing septic systems, animal waste, or waterfowl waste, it is best to conduct *E. coli* testing when the water table is high, when beach use is heavy, or immediately after rain events.

> Table 14: Current Year Biological and Chemical Raw Data

This table lists the most current sampling season results. Since the maximum, minimum, and annual mean values for each parameter are not shown on this table, this table displays the current year "raw" (meaning unprocessed) data. The results are sorted by station, depth zone (epilimnion, metalimnion, and hypolimnion) and parameter.

> Table 15: Station Table

As of the Spring of 2004, all historical and current year VLAP data are included in the DES Environmental Monitoring Database (EMD). To facilitate the transfer of VLAP data into the EMD, a new station identification system had to be developed. While volunteer monitoring groups can still use the sampling station names that they have used in the past (and are most familiar with), an EMD station name also exists for each VLAP sampling location. For each station sampled at your pond, Table 15 identifies what EMD station name corresponds to the station names you have used in the past and will continue to use in the future.

DATA QUALITY ASSURANCE AND CONTROL

Annual Assessment Audit:

During the annual visit to your pond, the biologist trained your group how to collect samples at the deep spot and the outlet. Your group learned very quickly and did a great job following instructions.

In future years, the biologist will conduct a "Sampling Procedures Assessment Audit" of your monitoring group during the annual visit. Specifically, the biologist will observe the performance of your monitoring group while sampling and will document the ability of the volunteer monitors to follow the proper field sampling procedures (as outlined in the VLAP Monitor's Field Manual). This assessment is used to identify any aspects of sample collection in which volunteer monitors fail to follow proper procedures, and also provides an opportunity for the biologist to retrain the volunteer monitors as necessary. This will ultimately ensure that the samples that the volunteer monitors collect are truly representative of actual lake and tributary conditions.

Sample Receipt Checklist:

Each time your monitoring group dropped off samples at the laboratory this summer, the laboratory staff completed a sample receipt checklist to assess and document if the volunteer monitors followed proper sampling techniques when collecting the samples. The purpose of the sample receipt checklist is to minimize, and hopefully eliminate, future reoccurrences of improper sampling techniques.

Overall, the sample receipt checklist showed that your monitoring group did an *excellent* job when collecting samples and submitting them to the laboratory this season! Specifically, the members of your monitoring group followed the proper field sampling procedures and there was no need for the laboratory staff to contact your group with questions, and no samples were rejected for analysis.

USEFUL RESOURCES

Acid Deposition Impacting New Hampshire's Ecosystems, NHDES Fact Sheet ARD-32, (603) 271-2975 or www.des.state.nh.us/factsheets/ard/ard-32.htm.

Best Management Practices to Control Nonpoint Source Pollution: A Guide for Citizens and Town Officials, NHDES Booklet WD-03-42, (603) 271-2975.

Best Management Practices for Well Drilling Operations, NHDES Fact Sheet WD-WSEB-21-4, (603) 271-2975 or www.des.nh.gov/factsheets/ws/ws-21-4.htm.

Canada Geese Facts and Management Options, NHDES Fact Sheet BB-53, (603) 271-2975 or www.des.state.nh.us/factsheets/bb/bb-53.htm.

Cyanobacteria in New Hampshire Waters Potential Dangers of Blue-Green Algae Blooms, NHDES Fact Sheet WMB-10, (603) 271-2975 or www.des.state.nh.us/factsheets/wmb/wmb-10.htm.

Erosion Control for Construction in the Protected Shoreland Buffer Zone, NHDES Fact Sheet WD-SP-1, (603) 271-2975 or www.des.state.nh.us/factsheets/sp/sp-1.htm.

Impacts of Development Upon Stormwater Runoff, NHDES Fact Sheet WD-WQE-7, (603) 271-2975 or www.des.state.nh.us/factsheets/wqe/wqe-7.htm.

IPM: An Alternative to Pesticides, NHDES Fact Sheet WD-SP-3, (603) 271-2975 or www.des.state.nh.us/factsheets/sp/sp-3.htm.

Iron Bacteria in Surface Water, NHDES Fact Sheet WD-BB-18, (603) 271-2975 or www.des.state.nh.us/factsheets/bb/bb-18.htm.

Lake Foam, NHDES Fact Sheet WD-BB-4, (603) 271-2975 or www.des.state.nh.us/factsheets/bb/bb-5.htm.

Lake Protection Tips: Some Do's and Don'ts for Maintaining Healthy Lakes, NHDES Fact Sheet WD-BB-9, (603) 271-2975 or www.des.state.nh.us/factsheets/bb/bb-9.htm.

Low Impact Development Hydrologic Analysis. Manual prepared by Prince George's County, Maryland, Department of Environmental Resources. July 1999. To access this document, visit www.epa.gov/owow/nps/lid_hydr.pdf or call the EPA Water Resource Center at (202) 566-1736.

Low Impact Development: Taking Steps to Protect New Hampshire's Surface Waters NHDES Fact Sheet WD-WMB-16, (603) 271-2975 or www.des.state.nh.us/factsheets/wmb/wmb-17.htm.

Proper Lawn Care In the Protected Shoreland, The Comprehensive Shoreland Protection Act, NHDES Fact Sheet WD-SP-2, (603) 271-2975 or www.des.state.nh.us/factsheets/sp/sp-2.htm.

Road Salt and Water Quality, NHDES Fact Sheet WD-WMB-4, (603) 271-2975 or www.des.state.nh.us/factsheets/wmb/wmb-4.htm.

Sand Dumping - Beach Construction, NHDES Fact Sheet WD-BB-15, (603) 271-2975 or www.des.state.nh.us/factsheets/bb/bb-15.htm.

Soil Erosion and Sediment Control on Construction Sites, NHDES Fact Sheet WQE-6, (603) 271-2975 or www.des.state.nh.us/factsheets/wqe/wqe-6.htm.

Swimmers Itch, NHDES Fact Sheet WD-BB-2, (603) 271-2975 or www.des.state.nh.us/factsheets/bb/bb-2.htm.

Weed Watchers: An Association to Halt the Spread of Exotic Aquatic Plants, NHDES Fact Sheet WD-BB-4, (603) 271-2975 or www.des.state.nh.us/factsheets/bb/bb-4.htm.

Watershed Districts and Ordinances, NHDES Fact Sheet WD-WMB-16, (603) 271-2975 or www.des.state.nh.us/factsheets/wmb/wmb-16.htm.